STRATFORD LEGACY BOOK PROJECT

Stratford Youth grades 5-12: Do you have a passion for writing? Join in this unique project to celebrate the upcoming 30th anniversary of the Town of Stratford!

ART & CULTURE PROGRAMMING

Lots to choose from! Read pages 8-11 to discover all the programming that we have for you this winter! There is something for everyone.

ANNUAL RESIDENT SURVEY

The annual resident survey will be out soon. Watch for it in your mailbox! Available in paper copy and online.



Town Talk

BUILDING THE BEST COMMUNITY POSSIBLE

WWW.TOWNOFSTRATFORD.CA

WINTER 2025 EDITION





Michael Thomas Waterfront Park

Enjoy this new park in Stratford!









































MAYOR'S MESSAGE



Contact information for councillors is available on our website: www.townofstratford.ca

Happy New Year!

As this new year begins, and the old year fades away, some notable things are now in the rearview mirror, while several important items are appearing on the horizon. As Council and I are halfway through our four-year mandate, I would like to highlight some important achievements over the past two years and outline some very exciting plans for the next two.

Community Campus

- The new high school is well underway, with a planned opening in 2026. The new sports fields will also be completed over the next year.
- Provincial funding for a new junior high school has been announced. Planning and design will begin in 2026.
- Fundraising is underway for a new Community Wellness Centre which is planned to include twin ice surfaces; an indoor turf field; gymnastics academy; curling rink; indoor turf field; a library; a youth centre; and other amenities. With the Provincial Credit Union's very generous \$500,000 sponsorship of our Youth Centre, together with anticipated Federal and Provincial commitments, we look forward to beginning construction of this facility very soon.
- The Michael Thomas Waterfront Park boardwalk was officially opened last fall. Completion of the boardwalk to Shepard Drive is also planned over the next two years.
- I look forward to our WinterFest celebration for residents of all ages. Please check social media, the Town's podcast or subscribe to our e-newsletter for up-to-date details.

Planning

- The Shape Stratford Project was successfully completed and is now part of our ongoing framework. It researched and analysed Stratford's housing-related data to help facilitate the building of much-needed homes, and provided information to plan the Town's growth, and now continues to be a source for education, conversation and engagement.
- Thanks to Federal Housing Accelerator funding, a number of initiatives are in place and several more will be completed including: a review and revision of the Town's Official Plan and Zoning and Development Bylaw; permit-ready plans; assistance for not-for-profit housing projects; and more. As this work proceeds, it is important for you to take the opportunity to be informed about what is being proposed and to have your voice heard to ensure the Plan effectively responds to the critical housing needs in our Town while maintaining the character of neighbourhoods and current residents' quality of life.

Finance

• Your council and staff are busy working on the 2025-26 budget which will be presented later this spring for your input. Your response is requested to ensure that it is the best it can be.

In closing, as our Town continues to grow, Council and I are very mindful of the importance of maintaining the quality of life enjoyed by current residents. Thank you for everything you are doing to help us achieve this goal and to make our Town the best community possible, today and in our future.

Sincerely, Steve Ogden, Mayor

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Stay up to date on all the news, events and programs happening in the Town of Stratford. Sign up for the Town of Stratford's bi-weekly email newsletter.

To join our mailing list go to www.townofstratford.ca, click E-Services on the menu bar and then E-newsletter to add your e-mail address to our email newsletter.





@StratfordPEI





town.of.stratford

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INFRASTRUCTURE DEPARTMENT

WHILE EVERY EFFORT IS

MADE TO ENSURE

THAT THE CONTENT IN

THIS EDITION IS ACCURATE

AND RELIABLE, WE CANNOT

GUARANTEE IT, AS WE MAY

BE REQUIRED TO MAKE

CHANGES TO OUR

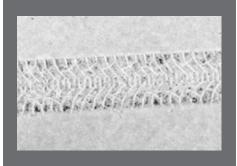
OPERATIONS OR

PROGRAMMING DUE

TO FACTORS BEYOND

OUR CONTROL.

FOR UPDATED
INFORMATION, PLEASE
CALL US AT 902-569-1995
OR FOLLOW US ON
SOCIAL MEDIA.



WINTER DRIVING

Driving at fast speed is the main cause of winter collisions. Be sure to drive slowly and carefully on snow and ice-covered roads. Please DO NOT speed!

Remember, it takes longer to slow down on icy roads.

The Infrastructure Department is busy closing out 2024 projects while preparing for another busy season in 2025. The installation of backup generators at both the Bunbury Road and Corish sewer lift station was completed. The Town's additional larger water reservoir recently came online (see below photo of both reservoirs on Georgetown Road) and now adds additional storage for residential, commercial, and fire use, allowing staff to keep one reservoir online while maintenance is carried out on the other.



New reservoir on left side

Furthermore, Clearview Estates Phase 4 subdivision will come online soon. Stratford Utility staff now monitor and maintain a water and sewer system comprising of 90 kilometers of sewer main, 1302 sewer manholes, 29 sewer lift stations, 4 water stations and a reservoir, 85 kilometers of water main, 648 water main valves, 312 hydrants and valves, and finally, close to 3200 residential and commercial water meters.

This summer and fall, staff flushed the entire sewer system and cleaned our 29 sewer lift stations. In addition, staff maintained hydrants and directionally



flushed the watermains to clean the lines and test flows.

> Sump Pump Redirection Rebate Program

In our continued effort to reduce storm water from our wastewater sewer system, the Town of Stratford is providing a rebate program to residential and commercial property owners in Stratford who have an existing sump pump connected directly into the Town's sanitary sewer system. The rebate will help cover the costs to redirect the sump pump flow to the exterior of the home or building where it can flow directly to the ditches and storm systems. For more information on this program, please call our office at 902-569-1995 or email ckoughan@townofstratford.ca.

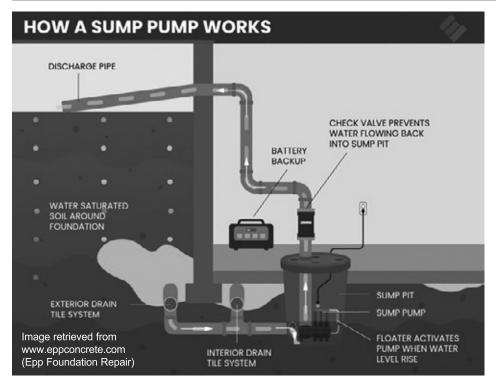
With the changing climate, staff are seeing a significant increase in stormwater entering our sewer system during the more frequent heavy rainfall or freeze/thaw events. The redirection of these sump pumps will remove clean water from our sanitary waste system, help reduce flows to our lift stations and therefore, reduce energy and operational costs. When redirected properly the sump pump will continue to work as it did before, with the only difference being that the flow gets redirected into the ditches instead of the sewer system.

The Town of Stratford has partnered with the Province through their Provincial Climate Challenge Fund to provide this program. We recognize the continued funding support from the Province in regards to climate change effects on Town infrastructure and hope to continue our ongoing collaboration.

Please note that though this program is currently voluntary to participate in, the Town of Stratford hopes that residents who have a system improperly connected will use this rebate opportunity to redirect their sump pump to discharge correctly. Further enforcement may be required to ensure all properties in the Town of Stratford comply with the bylaw, with or without rebates offered at such a time.

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INFRASTRUCTURE DEPARTMENT



> Public Works

We hope you enjoyed the holiday lighting throughout the Town this past season. The infrastructure department begins preparation for this work as early as late summer to have the lighting ordered, repaired and installed in time for December 1st of each year.

Staff are now focusing on winter maintenance of Town equipment, snow removal and interior building maintenance over the next few months.

The concrete floor installation at the Town's dry storage building on Hollis Avenue was recently completed, as well as the parking lot paving at Stratford Town Centre and Pondside Park. Other completed work includes Kelly's Pond restoration work in coordination with the Province upgrading the culvert under Stratford Road. Solar panels have been added to both the Stratford Emergency Services Centre and the maintenance facility on Hollis Avenue this past year as well.

Sidewalks Trails Bike Lane& Storm Water

The Province completed the connection of the paved path along the Trans Canada Highway (TCH), from the Esso intersection to the underpass. Users now have the option to travel the path directly along TCH from Hillsborough Bridge or take the alternate paved route through Michael Thomas Waterfront Park, along Glen Stewart Drive and then connect back at the underpass. We thank the Province for their continued support in improving the Town's Active Transportation system.

In preparation for the work mentioned above, the Town completed paving of the alternate paved path through Michael Thomas Waterfront Park this summer. The Town partnered with Trans Canada Trail (TCT) to pave this path, install bike racks and benches along the Trans Canada Trail, and paved the parking area at Fullerton's Creek and Conservation Park. TCT has been a great partner to the Town in helping improve the Trans Canada Trail through Stratford to make trails more accessible and enhance user experience. We thank them for their continued funding support.

Lastly, the multipurpose paved AT path extension on Kinlock Road from JK Beauty to Stratford Road was completed in September 2024 along with the repaving of the path along MacKinnon Drive.

> Safety Services

The Town's Safety Services committee reviews street lighting requests along with requests for speed and traffic signs, crosswalks, and other calming devices. These traffic recommendations then need to be approved by the Province as they own the streets in Stratford. Our speed radar signs continue to provide valuable data to the RCMP and Town staff. If a streetlight stays on during the day or does not come on at night, please copy down the pole number and email Maritime Electric directly at CustomerService@maritimeelectric. com.

> Snow Clearing on Roads, Sidewalks & Trails

Sidewalks and trails in Stratford are cleared of snow if they are along the public right of way, lead to public services or are groomed by the Recreation staff in some of our parks for walking or skiing.

The Town currently clears 30 km of sidewalk and trail and grooms another 7 km. The groomed trails are through Fullerton's Creek and Conservation Park and Cotton Park, the trail from Langley Road to Rosebank Road through Kenny Park and the trail from the Shell service station on Jubilee Drive to Mason Road through Williams Gate Park.

All roads and streets in the Town of Stratford are owned and cleared by the Province of P.E.I. If you have any issues with the clearing of snow off streets, please direct them to the Department of Transportation & Infrastructure on 902-368-4770. This includes issues with storm water drainage that occur during heavy rain or melt events, where ditches and storm water catch basins are overwhelmed or covered.

PLANNING, DEVELOPMENT AND HERITAGE

> The Building Bylaw and National Building Code

In May 2024, the Town of Stratford amended the Building Bylaw, Bylaw #50, to include the adoption of the 2020 National Building Code (NBCC) and the 2020 National Energy Code of Canada for Buildings. The Building Bylaw is enforced through scheduled inspections during construction at various stages of completion. These inspections will verify work against the approved submitted plans and against the NBCC.

Any new application for a single detached development requires the following information:

- Development Application Form
- · Utility Application Form
- · Entrance Way Application Form
- Completed Deck Pamphlet (if using Helical Piles, an engineer stamped helical pile design is required)

- Building Plans, including floor plans, elevations, and crosssection
- Truss Package, including layout and engineer-stamped truss shop drawings
- Site Grading Plan prepared by a certified surveyor
- Letter of Authorization (if applying on behalf of the landowner)
- Any required engineering for steel beams or columns, or tall walls

Please note that preliminary plans will NOT be accepted

To ensure that your permit is ready in time for your project start date, please submit your complete application as early as possible to allow staff time to process it. Missing documents may cause delays in processing your permit.



> Street Vendors Bylaw

The Town has engaged MRSB Group to undertake the development of a new Bylaw to permit small Street Vendor businesses to operate in the Town. Street Vendors are typically prepared food-oriented businesses and often located in parking areas. During October, MRSB hosted an online survey and held a Public Open House with the results of the survey showing that there is a lot of support and interest in seeing these new businesses in the Town. Over the next couple of months. MRSB will begin drafting the new Bylaw to present to Council before Spring 2025.

> Development Permits

From January to October 31, the Planning Department has issued a total of 141 development permits. The following table shows a summary of development activities between January and October 2024.

SUMMARY OF DEVELOPMENT PERMITS January 1, 2024, to October 31, 2024

Permit Type	No. of Permits	Estimated Value
Single Detached Residential	25	\$11,159,000.00
Residential Additions, Renovations, and Demolitions	12	\$1,089,700.00
Semi-Detached/Duplex	7	\$4,125,000.00
Townhouse	7	\$10,350,000.00
Apartment	0 (Incl.	under Commercial)
Accessory Buildings	19	\$137,500.00
Accessory Structures (pools, decks, fence	es) 45	\$717,781.00
Other (signage, demolition, etc.)	13	\$43,158.00
Commercial (new, renovations, additions)	12	\$2,245,050.00
Industrial (new, renovations, additions)	0	\$0
Institutional (new, renovations, additions)	1	\$35,900,000.00
Totals	141	\$65,767,189.00

> Housing Accelerator Fund



On March 14th, 2024, The Honorable Lawrence MacAulay, Minister of Agriculture and Agri-Food, officially announced that the Town has entered into an agreement with the Federal Government, to provide the Town with a funding contribution of \$4.9 Million to make systematic changes to the current development regulations to remove barriers and promote new housing growth to meet the increase in population.

The following is an update on the initiatives and planning projects that were developed as part of the agreement:

PLANNING, DEVELOPMENT AND HERITAGE

· Official Plan Review Update

The Town has engaged Upland Planning + Design Studio to undertake the review and the amendment and of the Town's Official Plan and Zoning and Development Bylaw. Upland began working on the initial visioning of the project in September. Between September and December, Upland has been engaging with Stakeholders. elected officials and hosted an online survey. The results of these engagements will help develop their engagement workshops that will be held from January through March. Notices of the workshops and other engagement activities will be posted on the Town's social media and e-newsletter over the coming months.

Short-Term Rental Accommodation Bylaw

The Town has engaged ATN Strategies to undertake the development of a Short-Term Rental (STR) Accommodation Bylaw to regulate this activity in our community. Examples of STRs include online tourist accommodation platforms such as Airbnb, Vrbo, and Booking.com As part of this important process, the Town hosted a Public Open House on November 20th, along with an online survey to obtain community input to ensure that the bylaw reflects the diverse perspectives and needs of our community.

Community input from residents, families, businesses and STR hosts will play an important role in shaping a bylaw that balances the interests of all involved.

· Permit-Ready Housing Plans

The Town has engaged Formed Alliance Architectural Studio (FAAS) to establish the Towns first Housing Catalogue set of Permit-Ready Housing Catalogue. The catalogue will be a collection of "Missing Middle" housing types that will be made available to purchase from the Town's planning department. These plans will be something completely new and different to the Town, which we hope will provide a step up for small developers and landowners looking

to help with the housing needs. As we move towards addressing the housing needs of the Town, creating a catalogue of missing middle housing types will help speed up the process and reduce design fees for those looking to build. The house plans will be designed to be more cost efficient in relation to constructions cost and with non-profit organizations in mind.

The housing plans are expected to take up to 6-8 months to complete with the first set of plans intended to be available for the summer of 2025. The consultants will be working through a study of the existing housing types in Stratford and public engagement over the next few months.

Online E-Permit System

As part of the Housing Accelerator Fund Initiatives, one of the Towns' goals was to provide an online e-permit system. The implementation of an e-permit system will aid in streamlining applications and processing times. Town Planning staff are currently in the early stages of learning the system and process with rollout of the e-permit system planned for Summer 2025.

Planning Fees for Affordable Housing Developments

One of the major elements of the Federal Government for the Housing Accelerator Fund was to provide easier access to affordable housing for non-profit organizations. The Town took the initiative to help alleviate some of the barriers for non-profit organizations with Town Council passing a resolution to remove development fees for NGO's, nonprofit and Provincial entities providing affordable and supportive rental housing. Organizations must present a business plan in which they state that the rent for these units does not exceed 30 percent of gross annual household income for low-income households.



PERMISSIONS TO USE TOWN FACILITIES

Groups and individuals who want to use Town facilities (which includes parks, playgrounds, and playing fields) for any reason must fill out an application and obtain permission from the recreation department. Town parks include all neighborhood parks and playgrounds as well as our major parks; Tea Hill Park, Pondside Park, Kinlock Park, Robert L. Cotton Memorial Park, Michael Thomas Waterfront Park, and Fullerton's Creek Conservation Park. Town facilities include Stratford Emergency Services Centre, Stratford Town Centre, MacNeill Community Centre, Bunbury Rink **Building and Cotton** Park buildings. Town facilities are available to groups or individuals on a priority basis.

STRATFORD YOUTH CENTRE

The Stratford Youth Centre offers youth in Grades 5-12, a safe and supportive environment to participate in at the social and recreational centre, in various clubs, and special events to engage them. In turn, this encourages social growth and helps develop self-confidence and skills to prepare youth for their future. The Centre guides members to focus on volunteering, empowerment, community engagement and provides youth with an opportunity to voice their concerns about the community and show that they can really make a difference.



Membership allows access to the Youth Centre, numerous clubs and events, as well as an opportunity to participate in regular weekly member meetings. There is no cost for youth to join the Stratford Youth Centre. All members must help out with regular fundraising and volunteer opportunities within the community to maintain their membership. Parents are strongly encouraged to become involved with the Youth Centre and help out with the Centre's different events.

Members are asked to commit to a minimum of 20 volunteer hours with the Stratford Youth Centre every year to maintain their membership. This may include working at an event, assisting nonprofit organizations, and fundraising. All volunteer hours that are collected by members are recorded and can be used on a resume as a valuable life experience as they approach adulthood. Upcoming volunteer opportunities will be included in parent emails and weekly member meetings.

Stratford Youth Centre members are also eligible to earn special prizes and awards for their volunteer service with the Stratford Youth Centre.

> Stratford Youth Centre Members



The Stratford Youth Centre has a number of great clubs for youth to join. The clubs are open to members only and are free of charge.

Stratford Youth Centre members are also welcome to stop in and hang out during their allotted drop-in times. Please note that if school is cancelled due to the weather, the Stratford Youth Centre will also be closed.

> Party Packages at the Stratford Youth Centre

The Stratford Youth
Centre offers party
packages in 2-hour
time slots on designated Saturdays and Sundays
throughout the year. Our
party package program
is run and staffed by older Youth
Centre members (high school aged
youth). Visit our website at www.stratfordyouthcentre.com for more information, for availability and to request
a party booking.

Basic Package \$100.00 / 2 hour session

Basic use of the facility, including our Pool Table, Air Hockey Table, Ping Pong, tables, chairs, and couches.

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RECREATION, CULTURE & EVENTS

Karaoke Party \$150.00 / 2 hour session

Basic use of the facility, including use of our Karaoke System. The Youth Centre provides a host to run the system for the party.

Video Game Party \$150.00 / 2 hour session

Basic use of the facility, including use of our various game systems. Take your own games in, play online, or access our library of video games.

Movie Party \$150.00 / 2 hour session

Basic use of the facility, including use of our big screen, sound system and Blu-ray player. Choose from Netflix, our selection of movies, or bring your own. Youth Centre staff will provide popcorn for your guests.

All bookings require payment in full prior to the party date. Each 2 Hour booking includes 15 minutes before for set up and 15 minutes after for tear down. A minimum of one week is needed prior to all bookings.

Registration opens in late August/ early September of each year. Registrations remain open until our program is full (please register early to avoid disappointment). Additional registrations may be accepted in January, if space is available.

For more information about Stratford Youth Centre, including membership, schedules, clubs, activities, events and party packages, please visit our website www.stratfordyouthcentre.com.

YOUTH PROGRAMS

> C.H.A.N.C.E.S. Free Drop-in and Play

Every Friday from 9:30 - 11:30am Stratford Town Centre (Gym) For children from birth to age 6 Free program The C.H.A.N.C.E.S. family resource centre hosts this weekly playtime for caregivers and children. No fee or registration necessary. Call 902-892-8744 for more information.

> Resume for Rookies

Saturdays from 10:00am - 12:00pm March 29 - April 12 (3 sessions) Stratford Emergency Services Centre (Boardroom) Cost: \$85

Designed for teens and young adults who are ready for part-time or seasonal jobs but have little to no work experience. Each session is 2 hours long and participants will learn current best practices in writing resumes, crafting cover letters and effective job search tactics and techniques.

> Career Exploration Workshop

Mondays from 6:30pm - 8:00pm January 13 - February 17 (6 sessions) Stratford Emergency Services Centre (Event Space) Cost: \$150

Designed for students in grades 11 or 12 and their parents/guardians, to help them with navigating career and post-secondary decisions. Each session is jam-packed with information, resources and activities so students can narrow down their career options, choose the right education and training, build up employability as a student (without burning out) and land their first grown-up job after graduation. This course will also cover post-high school options, long-term career planning and lifelong learning.

> Let's Get Creative Youth Art Classes

Saturdays
September 21 - November 23
Ages 5-9: 12pm - 1:30pm
Ages 10-15: 2pm - 3:30pm
Stratford Town Centre
Cost: \$170/student
All supplies included

Children will get messy and creative while experimenting with many types of art. Led by art instructor Ryan McAdam-Young, sessions will focus on painting, clay, collage, paper crafts, puppet making, drawing and more. Note: Some families have children in both age groups and may only want to sign up for one time slot. If that is the case, please sign up all children in the age group of the youngest child.

> Indoor Tennis training

Various days & times available (youth & adult). Please check our program offerings online at www.townofstrat-ford.ca or in person with the Town Centre gym attendants.

ADULT PROGRAMS ART PROGRAMMING

> Art Club

Thursdays from 7:00pm - 9:00pm January 16 - March 6 (8 classes) Cotton Centre (Gertrude Cotton Building) Cost: \$105 (supplies included) Ages: 16+

This course will give you a chance to discover various mediums, and a chance to test them out to see what you enjoy most! Every semester, art instructor Tricia MacNeil Baldwin will rotate in several new mediums, exposing you to something new all the time.

> Beginner Step by Step Painting

Wednesdays from 6:30pm - 8:30pm January 15 - February 19 (6 classes) Cotton Park (Gertrude Cotton Building) Cost: \$195 (supplies included) Ages: 16+

A step-by-step beginner painting program. Art instructor Michelle Nabuurs will guide you through a new acrylic painting project each week and will help you develop new skills and techniques along the way. You will learn methods on how to use a brush properly, and how to mix and blend colors.

> Beginner Watercolour

Tuesdays from 7:00pm - 9:00pm January 14 - March 4 (8 classes) Cotton Park (Gertrude Cotton Building) Cost: \$105

Ages: 16+

Led by art instructor Tricia MacNeil Baldwin, this course will start with step-by-step exercises to help you learn about individual elements before completing a watercolour painting on your own.

> Drawing (Online)

Mondays from 7:00pm - 9:00pm January 13 - March 10 (8 classes)

Cost: \$95 Ages: 16+

This drawing class is suitable for all levels, from beginners to experienced artists. This online course will cover concepts like tonal values, shading, light and shadow, mark making, perspective, line weight, blending, proportions, various drawing techniques, and more!

> Intermediate Watercolour (Online)

Saturdays from 10:00am - 12:00pm January 11 - March 1 (8 classes) Cost: \$95

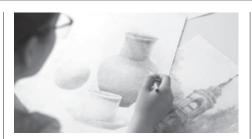
Ages: 16+

This online course will cover layering techniques, lighting, lifting, reflections, masking, grisaille, creating depth, creating focus and creating overall balance. Registrants are asked to have some experience with watercolour to take this course.

> Urban Sketching (Online)

Wednesdays from 7:00pm - 9:00pm January 15 - March 5 (8 classes) Cost: \$95

Age: 16+



Each week, Art Instructor Tricia MacNeil Baldwin will cover a different skill, technique or tool and you will be provided with a link (or image) from Google Maps that will focus on the skill we are working on. You will have time to "tour" the map location to choose the image you wish to sketch. We ask that registrants have previous sketching skills.

> Improv!

Wednesdays from 7:00pm - 8:00pm January 15 - February 19 (6 classes) Emergency Services Building

Cost: \$115 Ages: 18+

Do you have the courage to be spontaneous, relaxed, delightful and genuinely yourself in front of a crowd? Want to hone those skills? Learn basic techniques in improvisation and physical comedy, while developing your innate playfulness. Led by Charlotte Gowdy, participants will be guided through games and group exercises to develop spontaneity, creativity, confidence, comic timing, and how to master the art of spectacular failure. Laughter guaranteed!

FITNESS PROGRAMMING

> Co-Ed Badminton

Wednesdays from 8:15pm - 9:45pm January 3 - April 24 Stratford Town Centre (Gym) Cost: \$30

Recreational badminton league for those 18+ years of age. Fun and social co-ed badminton program is open to all skill levels and abilities! Players must pre-register to play, no drop ins welcomed.

> Co-Ed Recreational Volleyball

Mondays from 8:15pm - 9:45pm January 8 - April 29 Stratford Town Centre Cost: \$30

Recreational volleyball league for those 18+ years of age. This fun and social program is open to all skill levels and abilities. Players must pre-register to play, no drop ins welcomed.

> Pickleball

Pickleball is a paddle sport (like a racquet sport) that combines elements of badminton, tennis, and table tennis. The basic equipment (ball & net) is provided by the Town of Stratford. Beginners are welcome to come and try the program. Every ability is welcome and all ages 16+. Must have your own racquet/paddle. Players must pre-register to play, no drop ins welcomed.

Various days & times available, please check our program offerings online www.townofstratford.ca or in person with the Town Centre gym attendants.



> Active Aging Fitness (55+ years)

Wednesdays from 9:00am - 10:00am January 15 - March 12 (10 classes) Stratford Town Centre (Stage) Cost: \$55

Join this active aging total body workout with a focus on mobility, balance, core strength and everyday strength movement. In this class we will use chairs, resistance bands, dumbbells and body weight exercises. *All fitness levels and mobility are welcome and encouraged to participate. Adaptions to exercises will be offered. *

> Full Body Fitness

3 groups available:

Mondays from 6:00pm - 6:45pm January 6 - March 31 (12 classes)

Wednesdays from 12:00pm - 12:45pm January 8 - April 2 (12 classes)

Thursdays from 6:00pm - 6:45pm January 9 - March 27 (12 classes)

Stratford Town Centre (Stage)

Cost/group: \$135

Full Body Fitness is a strength and conditioning workout class that is scalable for every fitness level. Get stronger, fitter, and healthier through safe and effective exercises led by Keely Turner, a certified personal trainer and pre/postnatal exercise specialist. This high energy class will have you sweating and smiling your way to your strongest self. BYOM (Bring your own mat, any additional equipment will be provided).

> Kundalini Yoga

Saturdays from 9:00am - 10:30am January 11 - March 22 (10 classes) Stratford Town Centre (Southport Room)

Cost: \$200 Ages: 16+

Reset your nervous system with Kundalini Yoga! Kundalini includes a blend of dynamic physical movements, breathing techniques, mantra and meditation. It's known as "the yoga of awareness." In this class, instructor Charlotte Gowdy will guide you through a basic set of exercises that will strengthen your nervous system, bringing you into deep relaxation, self-healing and an elevated sense of well-being. This workshop is suitable for all levels, including total beginners.

> Post Natal Fitness

Wednesdays from 11:00am - 11:45am January 8 - April 2 (12 classes) Stratford Town Centre (Stage) Cost: \$165

For new and seasoned moms! Join our postnatal fitness class where you can safely and effectively return to exercise postpartum with Keely Turner, a certified pre/postnatal fitness specialist. Rebuild core strength and stability, improve posture and body awareness, enhance your well-being and mental health, and connect with other new moms in the community. Bring your own mat (any additional equipment will be provided), and babies are welcome!

WORKSHOPS

> Succulent Workshop

Sunday, February 2, 2025 9:00am - 10:00am Stratford Town Centre (Stage) Cost: \$40 (supplies included) Ages: 5-12yrs

Children's Succulent Workshop for ages 5 - 12 years of age. Led by art instructor Chantel Ramnanan, registrants will walk away with a creative Valentine's gift while learning about how to care for succulents.

> Irish Felt Fairy

Sunday, March 16, 2025 10:00am - 11:30am Stratford Town Centre (Stage) Cost: \$30 (supplies included)

Ages: 5-12yrs

Create some magic this St. Patrick's Day by creating your very own fairy. Irish art instructor Kate Sharpley will share her love of fairies as your little ones create and take home their own fairy creation this St. Patrick's Day.



> Suncatcher

Sunday, February 2, 2025 10:30am - 12:00pm Stratford Town Centre (Stage) Cost: \$45 (supplies included)

Ages: 10+yrs

Choose from a variety of crystals (already threaded through wire), learn how to wrap them, and choose the glass ornament centerpiece to create your own one-of-a-kind suncatcher. Sun catchers are made with stones, crystals, and glass (no plastic). This project, led by art instructor Chantel Ramnanan, is ideal for looking for a creative Valentine's gift making experience

> The Art of Henna

Sunday, March 9, 2025 10:00am - 11:30am Stratford Town Centre (Stage) Cost: \$25 (supplies included)

Ages: 9+

Our henna art instructor Asma Malik will teach you the ancient art of henna body art. Join us for this fun and interactive workshop and walk away with a henna design, in time to celebrate Holi, the Hindu Festival of Colours, Love and Spring.

> Tropical Plant Workshop

Sunday, March 29, 2025 10:00am - 11:00am Stratford Town Centre (Stage) Cost: \$45 (Supplies Included) Ages: 13+

Tropical Plant Workshop for ages 13+ years, led by Art Instructor Chantel Ramnanan. Includes fun & learning in this tropical plant workshop as well as: 3 tropical plants, 1 planter, soil, decorative topper, and 2 decorative picks (tropical planter workshop will have pet friendly plant options).



SNOWSHOES

Did you know snowshoes are available to borrow at Stratford Town Centre? Speak to one of our gym attendants during Town Centre hours for more information.

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GROOMED TRAILS

Groomed trails can
be found at Cotton
Park and Fullerton's
Conservation Park.
These trails are ideal
for snowshoeing, cross
country skiing and
walking. Motorized
vehicles are NOT
permitted on our trails at
any time of year.

> Outdoor Skating in Stratford



Bunbury Rink (located off Clifton Road) and Pondside multipurpose surface (off Keppoch Road) are maintained over the winter months for skating and pick up hockey for youth & adults. Both locations are lit till 10pm daily for use.

> Town Centre Gymnasium

Stratford Town Centre is open for Stratford residents to use seven days a week. The centre is equipped with a gymnasium, walking track, fitness centre, multi-purpose meeting rooms, change rooms, stage, and kitchen. Residents are welcome to use the fitness centre and walking track any time the building is open.



Program Registration

You can register for recreational programs with the Town Centre Attendants at the Recreation Reception Desk. You can also view upcoming programs and registration dates and create a personal account to register or pay for the program you'd like to sign up for directly from our website at www.townofstratford.ca. If further information is required, please call 902-569-6250.

SCENT-FREE.



TOWN CENTRE GYM, WALKING TRACK & FITNESS CENTRE

THE PARTY STREET STREET

TOWN INITIATIVES



> Community Gardens

The Town was pleased to partner with Meals on Wheels in the summer, to support their efforts by donating produce from the Town's community garden plot. Thanks to Meals on Wheels volunteers who regularly harvested from the plot, which provided close to 200 individual servings of assorted vegetables to be delivered to clients over the summer months. This partnership resulted in fresh, locally grown produce available to those in need and helping with community involvement and supporting residents.

National Forest Week – Guided Walk



The Town celebrated National Forest Week from September 22nd to September 28th, 2024. As part of National Forest Week, a guided walk was held at Fullerton's Creek Conservation Park, hosted in partner-ship with the Stratford Area Watershed Improvement Group (SAWIG).

The walk provided an opportunity to explore the park's forest ecosystem while discussing the many benefits of trees, including their role in improving air and water quality, supporting biodiversity, and providing essential habitat for wildlife. Forest Week was a reminder of the vital role forests play in our lives and the importance of continued stewardship for future generations.

> Benefits of Trees

Trees are incredibly important because they provide many benefits and services, including, but not limited to, sequestering and storing carbon, providing habitat for local wildlife, regulating air temperature and providing shade, providing a buffer against wind, reducing flood risk and filtering/purifying air and water.



To strengthen our commitment to forest conservation, the Town has recently adopted the Forest Management Plan. This plan identifies opportunities for planting and management strategies to restore and maintain Stratford's forests.

> Residential Tree Planting Program

Keep an eye out for the 2025 Residential Tree Planting Program application intake period which we plan to open in late January 2025. Planting trees on your property has lots of benefits including increased property value, shade, wind buffering, privacy and air purification!

More information can be found on the Town of Stratford's website by searching for the Residential Tree Planting Program.



Your curtains can help you save energy this winter! Open them during the day to let in natural sunlight and warmth and close them in the evening to keep the heat inside and reduce energy loss through your windows. It's an easy way to lower heating costs and keep your home cozy!



The Town of Stratford, including staff and Council, would like to express heartfelt thanks to committee volunteers whose term ended November 30, 2022.

These volunteers are residents of the town, who have dedicated their time and effort to help us make our community the best it can be. We appreciate your knowledge, advice, and support during the past two-year committee term.

We also extend a warm welcome to the new committee members who have risen to the challenge and applied to volunteer on our committees. We are delighted to have you and we look forward to your input as we work together to build a community we can all be proud of.

Please note that the Town of Stratford continues to accept applicants to fill potential vacancies that arise or for one-off volunteer opportunities and/or shorter-term volunteer positions. More information is available on our website.

STRATFORD PROJECT UPDATES



Town of Stratford Official Plan & Zoning and Development Bylaw Review

Project Update!

The first phase of engagement is now complete. A full What We Heard Report is available on the project website, but here are some of the highlights from the Visioning phase of engagement. Thanks to all who took the time to participate!

What We Heard

Stratford Residents Value Nature

When asked what makes Stratford a great place to live, the top 5 responses were:

- 1. Access to Trails
- 2. Safety
- 3. Access to Nature
- 4. Parks & Open Space
- 5. Family & Friends



Riggest Challe

The Biggest Challenge is the Affordability of Housing

On a Scale of 1-10, how has living in Stratford met your expectations?



Top 3 Priorities Residents Want to See Addressed Through this Project:



- 1. Infrastructure & Public Services
- 2. Housing Growth & Development



3. Preservation of Agricultural Land

About the Project

The Stratford Official Plan & Zoning and Development Bylaw Review will build on the success of Shape Stratford to develop new planning documents that capture the community's needs and aspirations, promote strong economic growth, and enable a variety of housing options to accommodate the community's rapidly growing population. The Official Plan & Zoning and Development Bylaw will guide growth and development, prevent land-use conflicts, promote mixed use development where appropriate, shape attractive streetscapes, protect environmentally significant areas, and ensure long-term prosperity.

The Official Plan serves as a high-level policy document that defines the vision for land use and development in Stratford. It informs secondary planning and the **Zoning and Development Bylaw**, guiding the town's long-term growth and sustainability. Official Plans are mandated under the Municipal Government Act (MGA) and must align with the Planning Act.

Stratford is a Nice Place to Live

When asked what 3 words residents would use to describe the Town today, the top responses were:

- 1. Growing
- 2. Safe
- 3. Busy
- 4. Quiet
- 5. Friendly6. Clean

In 15 Years, Residents Want Stratford to Be...



A Vibrant, Walkable Community



An Affordable Place to Live



A Self-Sufficient Town



A Connected Community

Project Timeline

The next chance to share your input!

Phase 1: Visioning

Phase 2: Issues & Options

January - March 2025

Phase 3: Draft Engagement

August - September 2025

Phase 4: 2nd Draft Engagement

October - November 2025

To learn more about the project and how to participate, please scan the QR code or visit: www.shape.townofstratford.ca/projects/official-plan

To contact the project team, email them at: consultation@townofstratford.ca



STRATFORD PROJECT UPDATES

> Michael Thomas Waterfront Park



In October we were pleased to be joined by Federal and Provincial representatives for the announcement of funding completing phase 1 at Michael Thomas Waterfront Park. The newly installed wooden boardwalk, benches and lookouts, lighting and electrical upgrades, and more will allow this waterfront space to be more widely utilized throughout our four Stratford seasons.

"The additional infrastructure added to Michael Thomas Waterfront Park is a great step forward for the Town of Stratford and surrounding area, as well as for visitors to this space. The boardwalk has made the park more accessible and welcoming, with the lighting and other enhancements helping to ensure the park is available beyond only a passive day use space. We look forward to hosting events and other activities in the park, and are pleased to be inviting residents into the space now to come check it out."

 Mayor Steve Ogden, Town of Stratford

With a long-term vision of having the space returned to parkland, the Diversity Fountain, depicting Mi'kmaq long-distance runner Michael Thomas, was unveiled with a special ceremony in 2014. Thomas remains known as one of the greatest long-distance runners ever from PEI and was inducted into the PEI Sports Hall of Fame in 1980.





> Stratford Community Campus

Progress continues on the Stratford Community Campus as we close out 2024. The high school is well underway and a recent announcement by the Province of PEI will see the junior high designed and constructed in the future as well in the campus. We aim to have municipal sport fields ready for use in the 2026 season.



Perhaps the most exciting update this fall was the announcement of our first corporate funder. We are very pleased to have Provincial Credit Union come on board and dedicate funds to the new Stratford Youth Centre space in the future wellness centre.

"The opportunity to directly support the Town of Stratford on a project that will greatly enhance the community was an opportunity we were extremely excited to take. As an organization, we are deeply committed to strengthening communities across Prince Edward Island. Our investment goes beyond financial contributions; we will be dedicating our time, expertise, and resources to creating a positive impact for the next generation of Islanders. We look forward to being a supportive, positive presence at the Provincial Credit Union Youth Centre and can't wait to see the Town of Stratford bring it to life."

Alfred Arsenault,
 CEO of Provincial Credit Union

We look forward to future announcements of additional funding partners and encourage anyone interested to reach out to us or the Community Foundation of PEI.

The latest drone flyovers for both of these projects are available on the Town of Stratford YouTube page.







> Stratford Business Park

The Stratford Business Park Corporation has recently updated its process for prospective sale of lots. Through the updated process the interested party will submit an application outlining their intended use of the lot, including business type, size of building, number of employees, and any other relevant information. A review of the proposal(s) will be conducted by the SBPC Board and an entry into agreements, as determined by the Board, will occur. All applicants should note that construction must begin within two years of the purchase of the lot. An initial application intake will close at 4pm AST on Friday, January 24, 2025.

GARDENING TIPS FROM THE TOWN'S HORTICULTURIST



Last fall, the Town
took part in the Rural
Beautification Society's
Community Spirit People's
Choice Award. We had
asked the community to
support us by voting for
Stratford and we were
delighted to witness the
community spirit in action!



We are delighted to inform you that the Town was awarded in the following categories:

1st for Commemorative
Gardens
1st for Youth Garden
3rd for Community Spirit

Thank you to all those who voted for us, and most importantly, to our horticultural team and infrastructure department, for the wonderful work they accomplish daily to beautify our town and public spaces!



> Winter Gardening

There are plenty of fun winter gardening projects you can work on indoors while you count down the days until springtime planting begins, and yes... winter gardening is a thing! You may feel at this time that gardening has still got you "beet".

Some gardeners may have live plants or bulbs that were brought inside to over winter from the garden this past fall. Over wintering essentially means protecting your plants to try and keep them alive through the winter. Some plants may require different care from others when it comes to light, temperature and moisture.

One of the most popular annual plants that gardeners bring indoors are Geraniums. There are some other plants that also survive indoors over the winter months such as Hibiscus, Dracaena and Ornamental Banana. These plants are hardy in tropical zones but cannot survive in cold temperatures here on PEL To ensure their survival over the winter, consider these important components: trim the plants back by one third, water once per week (or when needed, being careful not to overwater) and place in a sunny location. If you don't have a sunny location, you can use artificial lighting, although some gardeners have found that placing these plants in a cool garage works well ensuring the plants don't freeze. If the plants start to get "stretchy", you can pinch them back to where the stem is just above a leaf node. This pruning method can be used to benefit houseplants as well. Refrain from watering too much and do not fertilize your plants at this time.

In mid to late winter, you can take cuttings from these plants. To do this, cut off or pinch a healthy leaf and put it in a cup of water. Change the water every second day and within a few weeks, you should see a root beginning to form. Once the root is big enough, the cutting can be potted in a sterile soilless mix of peat moss, vermiculite and perlite. This is a fun winter gardening project while you keep cozy, and it will save you from having to buy these plants.

If you are storing Dahlia, Gladioli or Canna Lily bulbs, be sure that the bulbs are kept from drying out or freezing during the winter months. We have found that surrounding, but not fully emerging, the bulbs in peat moss in a cool dark location works successfully. Periodically check for moisture as well to ensure the bulbs don't get too dry or too wet. You can use a misting bottle and spray the surrounding peat moss lightly.

During the winter months, small micro greens can also be grown indoors. These greens give you that fresh taste from your garden that you begin to crave at this time of year. All you need is a flat container with a few holes for drainage and an inch of soilless mix. Within a week you will see the seedlings begin to sprout, especially if you use artificial lighting.

"Lettuce" celebrate that spring is just around the corner! Happy Gardening!

DIVERSITY AND INCLUSION

This section is brought to you by the Town of Stratford's Diversity and Inclusion Committee.

Town of Stratford is a welcoming and inclusive community, and in this edition of Town Talk, we would like to recognize our community members and celebrate their rich culture.



The Art of Calligraphy and Couplets

is the art of creating beautiful calligraphy couplets ("Tho đối"). These hand-written phrases, often created by a master calligrapher ("Thầy Đồ"), are displayed in homes during Tet. The couplets usually feature positive words such as kindness ("Tâm"), luck ("Phúc"), virtue ("Đức"), peace ("An"), and wealth ("Lộc"), encapsulating the wishes for a prosperous and harmonious year ahead. These calligraphy couplets serve not only as a form of artistic expression but also as spiritual blessings, linking the cultural, linguistic, and religious elements of Tet.

The First Footer: "Xông Đất"

In Vietnamese tradition, the first person to enter a household after midnight on New Year's Eve is of great importance. Known as the "First Footer" or "Xông Đất," this individual is believed to bring either good or bad luck for the family in the coming year. Families often carefully select this person, choosing someone with good health, moral integrity, and fortune to enter their home. The significance of this ritual reflects the belief that one's fortune is interconnected with the energy and karma of those around them.

Lucky Money: A Symbol of Blessings

Among the most anticipated Tet customs is the giving of "Lì Xì" (lucky

money), a tradition cherished by children. During Tet, elders offer small red envelopes containing money to the younger generation as a symbolic gesture of good luck and prosperity. While the monetary value is secondary, the real essence of Lì Xì lies in its symbolic transfer of blessings and fortune. This custom also emphasizes respect for elders and the importance of family ties, particularly filial piety, which is a cornerstone of Vietnamese culture.

The Feasts of Tet: Food as Culture

No celebration of Tet would be complete without the food. The preparation of traditional dishes like "Bánh Chưng" (square sticky rice cake) symbolizes respect for the earth, with the green leaves of the cake representing the land. Another beloved treat is Mút (candied fruits and seeds), a variety of sweet, preserved snacks made from fruits like lotus, ginger, and melon. Paired with green tea, these sweets are served to guests and are an integral part of Tet hospitality.

Tet brings together families and communities, offering a moment of reflection, renewal, and connection to the past, all while looking forward to a year of good fortune, health, and prosperity. As Tet draws near, the energy of this celebration pulses through Vietnam, uniting people in a shared desire for a bright future and a prosperous new year.

Our THANKS to Emily Le (VietPEI) for this article!



Tet: The Heartbeat of **Vietnamese Lunar New Year**

Tet. or Vietnamese Lunar New Year. is Vietnam's most important and widely celebrated holiday, marking the arrival of the new lunar calendar. Tet is a time for families to reunite, honor their ancestors, and wish for a prosperous future.

Did you know the Vietnamese community will celebrate Tet on January 29, 2025? Remember to wish your Vietnamese friends, neighbours, and co-workers!

The Colourful Palette of Tet

Traditionally, gardens and homes are adorned with a stunning variety of flowers, ranging from yellow apricot blossoms (golden "Hoa Mai") to vibrant marigolds, peach blossoms ("Hoa Dao"), and kumquat trees during the celebration. The deep symbolic meaning behind these flowers is rooted in the belief that their health and abundance predict the prosperity and luck that will follow in the new year. These flowers, and the Five Fruit Tray ("Mâm Ngũ Quả"), which features fruits like pomelos, bananas, persimmons, and kumquats, hold special significance. The Five Fruit Tray is a cherished offering to ancestors and is carefully arranged to honour the connection between the living and the past. Each fruit symbolizes a wish for health, wealth, and happiness for the upcoming year.

JENN REDMOND, MLA



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The Stratford Community Seniors Complex, located on Mutch Drive, is owned and operated by the Town of Stratford, through an operating agreement with CMHC. The building includes 15 apartment units which are rented to low-income seniors. The Town maintains an active wait list which is used when units become available. The application form is available on the Town's website or by email koconnell@town ofstratford.ca.



Happy New Year!

Wishing everyone a new year filled with opportunities, adventures, and beautiful memories to be created in 2025! I hope you and your family had a wonderful holiday season, wrapped in joy and love while celebrating together.

This past fall, I had the pleasure of participating in the Stratford Fall Fest. It was a fantastic event, and I truly enjoyed connecting with many of our residents. A big thank you to the Town of Stratford, the Stratford Youth Centre, and everyone who contributed to the success of this event.



Also during the fall, I was honoured to be sworn-in as the Minister Responsible for the Status of Women. I am excited to continue the wonderful work that former Minister Natalie Jameson has done on the file.

Our government also recently tabled the 2025-2026 Capital Budget, which includes record investments in education and health care. This capital budget outlines our spending on roads, bridges, public buildings, and equipment.

Some key highlights include:

- Completion of the new Stratford High School
- Expediting the construction of a new Stratford Junior High School
- Additional school builds, expansions, and improvements across the province
- New Community Health Centres
- Long-term Care Bed Expansions
- · Midwifery Clinic in Summerside
- · Adult Day Program for Seniors



We are committed to investing in our community today and far into the future. In addition, more roads, bridges and road infrastructure with help ensure safety while driving on our roads.

Let's stay connected!

Please feel free to reach out anytime by phone at **902-213-9518**, by email at **jlredmondmla@assembly.pe.ca**, or in person at my constituency office located at Stratford Town Centre on Mondays from 9:00 AM to 3:00 PM, or at other times by appointment.

You can also follow me on Facebook facebook.com/jennredmondpei - for updates on upcoming events!

Wishing you the warmest winter wishes!

Sincerely,
Jenn Redmond
MLA Mermaid-Stratford

JILL BURRIDGE, MLA



Happy New Year Stratford!

Hard to believe it is 2025, time is flying by. The fall session brought in a new capital budget which had a couple of exciting projects for Stratford. The first being the completion of a Stratford High School, and the new junior high being moved up two years to start engineering and design in 26/27. This is great news for Stratford! It will be located on our campus grounds, and this will complete our children's educational pathway in Stratford from K-12, which is something our community has looked forward to for years.



STRATFORD BUSINESS

The Town of Stratford is pleased to welcome many new businesses over the past few months. Please support businesses in our community whenever you get a chance as you shop, play, and explore!

- Just Glow Studios
- Shock Spring
- The Kettle Black (Stratford)

Speaking of the Community Campus, I attended and spoke at a community gathering centered around the first major donor to the new wellness center. Provincial Credit Union has stepped up with a contribution of \$500,000 towards the Youth Center portion of the build. This is the catalyst we need to get the campaign rolling. For more information on how you or your business can contribute, please visit the Community Foundation of PEI who is managing the financial portion of the community campaign (https:// www.cfpei.ca/stratfordcommunitycampus/). If you would like to sit down with someone to learn more about the project, feel free to reach out to the Town and they can direct you to the campaign chairs Ray Murphy and David Dunphy. This is a transformative project for Stratford that will build more than the recreational facilities we certainly need, but also offer itself as a vibrant community hub.

Our drive across the bridge has been a challenge for many of us over the past number of months. Minister Redmond and I met with Minister Hudson, his deputy and Chief Engineer Steve Yeo. We have asked for improved communication moving forward on upcoming projects.

We are not holding standing office hours moving forward. This is for a couple of reasons - the foot traffic has been very low, and the Town requires the office space as they are growing. We will be appointment driven for face-to-face meetings moving forward and the Town will accommodate us as needed. Feel free, as always, to reach out to me or my assistant Danielle Sobey anytime.

E: jsburridgemla@assembly.pe.ca, E: danielleesobey@gov.pe.ca Call: 902.213.2297

Sincerely,

Jill Burridge

MLA District 6 Stratford-Keppoch



STORM CLOSURE POLICY

When winter storms arrive and you are unsure whether the Stratford Town Centre (including the Gymnasium and Fitness Centre) are open, please be aware that we follow the Provincial Government offices for Charlottetown's cancellation or delays. Our cancellations are also sent to local radio stations (CFCY, Ocean 100, CBC, Q93, Hot105.5) and are posted on the Town's social media accounts immediately upon a decision being made. We also try to update the Town's website; however, the Town's social media pages are your best places to look. Since cancellation notices may be reported by media later than when the doors to the Recreation Centre normally open in the morning, we suggest you call 902-569-6250 for the latest updates on any storm-related event.

STRATFORD AREA WATERSHED IMPROVEMENT GROUP



SAWIG is a not-for-profit group dedicated to preserving and enhancing the Stratford Area's diverse landscape and fostering interest and participation in watershed planning.

We are excited to share the projects and programs we have worked on during the 2024 Field Season! Here are some of our 2024 highlights:

> Fullerton's Enhancement Project

Some of the activities we have accomplished in 2024 for our Fullerton's Enhancement Project funded through the EcoAction Community Funding Program are:

- Planted a total of 1212 native trees and shrubs in the Fullerton's subwatershed zone.
- Removed 1.1 km of in-stream invasive plant species in the Fullerton's sub-watershed zone.
- A total of 1.8 km of stream restoration was performed along Jack's Creek, Fullerton's East and West branches as well as Southern branch in Fullerton's subwatershed, just off Jones Rd.
- 6 new brushmats were installed.
- Hosted a guided walk about birds in the Fullerton's subwatershed and highlighted our new interpretive sign.

> Jordan's Pond/Stewart Cove Community Meeting

SAWIG held a community meeting at the Stratford Town Hall Southport Room. The Watershed Coordinator gave a presentation on the current state of Jordan's Pond based on water quality data collected by SAWIG over the past few years. Community members also shared their thoughts on the potential removal of the berm. This meeting was made possible by the financial support of the Department

of Environment, Energy, and Climate Action as part of a Supplemental Watershed Fund Grant.

> Stratford Fall Fest



SAWIG set up an educational booth at Fall Fest on September 21 and 22, organized by the Town of Stratford. We brought some taxidermy birds and animals from the Department of Forest, Fish and Wildlife to display at the booth to educate children about the importance of wildlife and teach visitors about some of the activities SAWIG undertakes.



> Native Tree & Shrub Planting

We planted a total of 1735 trees and shrubs over our entire watershed boundaries with the help of the Town of Stratford and community members. In addition to trees and shrubs, our team planted 92 herbaceous plants. The native species were carefully chosen for their ability to thrive in riparian environments and support local biodiversity. By creating a buffer that filters pollutants from run-

off before they enter our waterways, these plants contribute significantly to the health of our aquatic ecosystems.



> Saltmarsh Restoration

As part of our Nature Smart Climate Solutions Fund Project, our team planted approximately 516 marsh plants at the saltmarsh at Keppoch Marsh, located off Keppoch Road in Stratford. We also conducted wildlife surveys and tested the water for total suspended solids monthly.

The SAWIG team monitored Eelgrass at Keppoch Beach to observe trends and changes over time as part of the Nature Climate Solutions Fund Project. For our monitoring process, we set up a transect line at 10-meter intervals along the shoreward side and sampled quadrats along the transect line at set intervals, aiming to cover as much area as possible moving toward the water.





If you'd like to learn more about SAWIG's projects, you can find us here:

- stratfordwater@gmail.com
- f Stratford Area Watershed
- @stratfordwatershed
- www.stratfordwater.com
- (902) 367-3605

RCMP IN STRATFORD



Royal Canadian Mounted Police



As the winter months approach, the PEI RCMP would like to remind residents of Stratford about the importance of safety during this season. With snow and ice becoming part of our everyday environment, taking precautions can help ensure your safety as well as that of your family and friends. This article provides essential tips for winter safety for walkers, for homes, and while driving.

WINTER SAFETY FOR WALKERS

Winter walking can pose unique challenges, especially with snowfall and icy conditions. Here are some important safety tips for pedestrians:

- 1. WEAR PROPER FOOTWEAR: Invest in shoes or boots with traction. Waterproof footwear also helps keep your feet warm and dry.
- 2. STAY VISIBLE: Days are shorter in winter, which means less daylight for walking. Wear bright or reflective clothing, especially if traversing roads. Using a flashlight can also improve visibility.
- CHOOSE SAFE WALKING PATHS: Stick to sidewalks and designated walking areas whenever possible. If sidewalks are slippery or not cleared, it may be safer to walk on the road, but ensure to walk facing traffic.
- 4. BE MINDFUL OF ICE: Avoid areas where ice may form, such as bridges or shaded walkways. If you encounter ice, slow down and take small, careful steps, maintaining a low center of gravity to avoid falls.
- 5. PLAN YOUR ROUTE: Before heading out, plan your route and keep an eye on weather conditions. If inclement weather is expected, consider postponing your plans.

WINTER SAFETY FOR HOMES

Your home should be a safe haven. particularly during harsh winter weather. Here are some tips to keep your home and family secure:

1. PREVENT ICE DAMS: Ensure that gutters and downspouts are clear of debris to prevent ice buildup which can lead to costly damage.

2. MAINTAIN HEATING SYSTEMS: Have your heating system checked by a professional to ensure it's efficient and safe. Replace filters and check

smoke and carbon monoxide detectors for battery life.

- 3. KEEP WALKWAYS CLEAR: Shovel snow from walkways and driveways as soon as possible to prevent injury to yourself and visitors. Use salt or sand to provide traction in icy areas.
- **FOR** PREPARE **POWER** 4. **OUTAGES:** Keep an emergency kit on hand that includes blankets, food, water, and a flashlight in case of prolonged power outages during winter storms. Follow safety messages from Provincial or Emergency Services organizations.

DRIVING WINTER SAFETY

Winter driving can be treacherous if you're not adequately prepared. Keep these safety tips in mind:

- 1. CHECK YOUR VEHICLE: Ensure your vehicle is winter-ready. This includes checking tires for tread depth and pressure, testing your battery, and making sure your wipers and lights are clear of any debris and functioning properly.
- 2. USE WINTER TIRES: Invest in quality winter tires for better traction and handling in snow and ice. They are designed to perform better in cold weather conditions and may lower insurance premiums.
- 3. LEAVE EARLY: Allow extra travel time on bad-weather days. Rushing can lead to accidents due to slippery roads.
- 4. KEEP YOUR DISTANCE: Increase your following distance. It takes longer to stop on icy roads, and having extra space can help you react if needed.
- 5. KNOW HOW TO HANDLE SKIDS: If your vehicle skids, remain calm. Steer into the direction of the skid, and avoid slamming on the brakes.

By following these winter safety tips, residents of Stratford can ensure a safe and enjoyable winter season. Remember, safety is a shared responsibility, and together we can contribute to a safer community!



Citizens on Patrol-Stratford (COPS) is a volunteer program designed to encourage residents of Stratford to contribute to the safety of their community. Volunteers are proud to support the excellent work of RCMP members in Stratford, by serving as an "extra set of eyes and ears" and reporting any observed suspicious activity. Committed to crime prevention, COPS volunteers patrol by car, in pairs, in residential and business areas for one or two three-hour shifts a month on Friday and Saturday nights. COPS will also patrol on occasions such as prom nights and Halloween, and support Town of Stratford events and safety initiatives.

To be eligible to participate in the program, COPS volunteers must be at least eighteen years of age, undergo a criminal record check, and complete an orientation of two evenings of supervised patrolling. If you're interested in learning more or would like to go for a ride-along with volunteers to experience a shift, visit our website at stratfordcop.wordpress.com

or email us at copstratford@gmail.com

You can also follow us on Twitter @COP_Stratford

WIERNATIONS

STRATFORD PUBLIC LIBRARY



HOURS OF OPERATION:

Monday: Tue & Wed: Thu to Sat:

Sunday:

Closed 9:30am - 8:30pm 9:30am - 5:30pm

Closed

Did you know you can borrow tools, bike repair kits, mental health information kits, instruments, a telescope, snowshoes and more at the library?

Get your FREE library card in person, or online anytime! It's a great time
to discover Libby, the
Overdrive app that gives
you access to our ebook and
audiobook collection.
Visit peipls.overdrive.com/
to check out some of the
thousands of titles that are
available without a trip to
the library!

Check out our Facebook page "PEI Public Library Service" or website "library.pe.ca" for event details, collection information, book recommendations and so much more!

LIBRARY EVENTS

> Adult Ukulele Lessons

Whether you're a beginner or picking it up again, strum along with this group and fill the library with beautiful music! Wednesday afternoons

> Yarn Crafts

Join enthusiastic knitters, crocheters, rug hookers, and other fibre and textile makers for some crafting and social time. All levels welcome. Thursdays at 1:00 pm

> Tech Time

Need some one-on-one tech help? Bring your device and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.

Friday afternoons or by appointment

> Writers' Group

Meet other writers who are interested in writing novels, poetry, articles and more.

> Adult Book Clubs

A lively discussion about this month's book. Welcome back or join for the first time!

Tuesday afternoons or Wednesday evenings available

> Wiggle, Giggle, Read

Songs and rhymes for babies and toddlers. A gentle way to introduce little ones to the library.

Thursday mornings. Ages 0-3

> Family Storytime

Stories, songs, and rhymes for kids and their grown ups!
Thursday mornings. Ages 3-5

> Build it, Break it! Move it, Make it!

Drop in and build with your peers! Challenge your friends, or collaborate to make the best designs, using a changing variety of building materials. Every Saturday. All ages!

Ask about our program details by calling 902-569-7441, email stratford@gov.pe.ca, or drop in for a chat!

STRATFORD AND AREA LIONS CLUB

The Stratford and Area Lions Club is continuing a successful year. The club just completed a successful apple pie project thanks to the support of Stratford residents.

This support enabled the club to donate \$3,000 to the QEH. The club also donated \$1,000 to IWK and \$3,000 to the school breakfast program. We want to extend our gratitude to all those who support us in our projects and allow us to help those in need in our community.

Our weekly cribbage tournaments take place every Wednesday at 7 pm at Cotton Center. All cribbage players are welcome to join us. Additionally, our monthly ceilidhs occur on the second Sunday of each month at 2 pm at Cotton Centre. Everyone is welcome to attend for great music and singing. The next project coming up is our Seniors Christmas Dinner. Our club members will deliver Christmas dinners to seniors in need.





The Stratford Lions Club is always welcoming new members. If you are interested in community service and meeting new people, please get in touch with any Lions member or call Avery at (902) 569-2409.

Thank you again for all your support!

Respectfully submitted by Avery and Marlene Blaxland

HEALTH & WELLNESS



> Island Karate Club

The Island Karate Club will be accepting new members for the Winter 2025 session. Classes will begin Thursday, January 9, 2025, for new students. Classes are Monday and Thursday nights and held at Our Lady of the Assumption Parish Hall. Please contact Sensei Kirk Dalziel at kdalziel@upei.ca or check out our Facebook page, Island Karate Club, or our website www.Islandkarate.com for exact times as they are based on age and karate experience.

> Privateers Football Club

The Privateers Football Club fields numerous teams playing tackle football in U12, U14, U16, and U18 divisions. The Privateers tackle program includes youth from the Charlottetown and Stratford areas. Each of the teams has a knowledgeable and caring coaching staff dedicated to, not only teaching sport specific skills, but valuable life lessons such as teamwork, leadership, and self-confidence. NO experience is required. New players are encouraged to join us for Off Season training indoors at the Norton Diamond Soccer Complex [fees apply]. Registration fees include health insurance coverage and the necessary equipment, with the exception of a pair of cleats and a mouth guard. To register or for further information, please visit FootballPEI.ca/ members/Charlottetown/.

> Chair Yoga/Stretch & Tone

Get stronger and more flexible to do the things you love to do. Includes strength, balance, flexibility, mobility, endurance, and coordination training using body weight and light equipment. Includes yoga flow/seated and standing movements (bring your own stretch band). Open to VPs (vintage persons). To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Tuesdays at 10:50am
Session 1: starts January 7
Session 2: starts February 4
Session 3: starts March 4

> 20/20/20 (cardio/strength/stretch)

20 minutes each of cardio, strength training and stretch. Have fun doing low impact moves to music, followed by total body strength, mobility and balance training using light equipment. Ends with total body stretch to relax and improve flexibility (bring your own stretch band and mat). Open to active VPs (vintage persons). To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Tuesdays at 9:30am
Session 1: starts January 7
Session 2: starts February 4
Session 3: starts March 4

> 25/20/15 (cardio/strength/stretch)

25 minutes of cardio, 20 minutes strength training and 15 minutes stretch. Have fun doing low impact moves to music, followed by total body strength, mobility and balance training using light equipment. Ends with total body stretch to relax and improve flexibility (bring your own stretch band and mat). Open to active VPs (vintage persons). To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Thursdays at 9:30am
Session 1: starts January 9
Session 2: starts February 6
Session 3: starts March 6

> Gentle Flow Yoga/Stretch

A relaxing form of Hatha Yoga to increase flexibility, balance, mobility, and functional strength. Focus on breath with movement to bring mind and body together. Includes mat warm up and standing flow (bring your own mat). All levels. To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Thursdays at 10:50am
Session 1: starts January 9
Session 2: starts February 6
Session 3: starts March 6

Trobing Stretch & Strength

Thursdays 11am - 12pm January 9 -January 30, 2025 Cotton Centre Cost is \$30 (for 4 classes)

Trobing is a gentle stretch technique, which realigns the spine. It requires no pushing, pulling or lifting. When done properly, it alleviates aches and pains in the neck, shoulders, hips, knees, feet and joints. Geared towards adults, including seniors.

The Basics

Thursdays 10am - 11am January 9 - February 13, 2025 Cotton Centre FREE (6-week program)

Learn how to adjust everyday habits and movements to affect positive change. These techniques will help you experience enhanced sleep and pain-free days while improving quality of life and overall well-being. Geared towards adults, including seniors.

To register for either/both programs, please contact Sylvie Haché at (902) 940-7727 or email HealthyBodyPEI@gmail.com.

COMMUNITY GROUPS



> Stratford's of the World

It is not too late if you would like to join us for the next Stratford's of the World Reunion (SOW) taking place in New Zealand 8-15 January, 2025.

Our contingent is preparing to travel to New Zealand, and we will be having an update in the next edition with a few highlights of the trip. Also, keep an eye out for more information about our next SOW Reunion, right here in Stratford PEI in 2027.

New Zealanders are very excited to be able to host this amazing event and to show off their region to all visitors. You do not have to be a resident of Stratford, PEI to attend this reunion. Everyone is welcome!

Please share with any others who may be interested in the Whakaahurangi Whakaemi. (Whakaahurangi is the Maori name for the Stratford area, Whakaemi translates as gathering in the Maori language.)

If you would like to join us on this wonderful adventure I will send you a Registration Form or if you would like more information, please contact SOW Chairperson Debbie Reid at debbie.reid1234@outlook.com or telephone 902-367-0450.

Respectfully submitted by Debbie Reid Chairperson Stratfords of the World

> Go!PEI

A community-based program that encourages Islanders to get active and eat healthy! Go!PEI provides programming in all 7 partnered communities across Prince Edward Island to support Islanders in making a healthy lifestyle change. The five

main pillars of Go!PEI include walking, running, biking, hiking and healthy eating. We are currently recruiting volunteers who wish to get involved with GO PEI in program delivery. Please contact Rachel Arsenault at rarsenault@townofstratford.ca

> Big Brothers Big Sisters of PEI



Big Brothers Big Sisters PEI is actively looking for mentors. We have a number of children & youth in the Stratford area that are waiting for a mentor like YOU! We provide the training, on-going support, and group outings/events. Mentors do things that friends do, like play games, go to the park, and just hang out.

Who Can Volunteer?

Anyone (18+) with a caring heart and a bit of time to spare. Questions about becoming involved?! Give us a call or email myron.yates@bigbrothersbigsisters.ca for more information.

Tumpstart

> Canadian Tire Jump Start

Canadian Tire Jump Start is a charitable program created by the Canadian Tire Jump Start Charities to help kids in need (ages 4 to 18), participate in organized sport and recreation programs. Canadian Tire Jump Start helps by providing funds to help offset the cost of registration fees and equipment for recreation like swim passes, bowling passes, dance lessons, Scouts and Girl Guides, etc.

To apply, please contact one of the following organizations: Kidsport PEI at (902) 368-4110 or Recreation PEI at (902) 892-6445 or visit http://jumpstart.canadiantire.ca/en.html

> Kidsport Kidsport So ALL Kids Can Play

The Kidsport Fund is a program offered through Sport PEI to ensure that no child is left out of organized sport due to lack of finances. For more information or to apply, call 902-368-4110 or 1-800-247-6712. Visit http://www.kidsportcanada.ca/prince-edward-island/ or drop into the Sport PEI Office at 40, Enman Crescent in Charlottetown.

> Special Olympics PEI



Special Olympics PEI is a non-profit, charitable, sport organization. We provide year-round opportunities for individuals with an intellectual disability to participate in sport. Programs are available for athletes of all ages (starting as young as 2 years old) and abilities, in either the Community Sport Program stream (non-competitive) or the Competitive Sport Program stream (various sports offered). If you or someone you know is interested in getting involved as an athlete, coach or volunteer, or for more information, contact us at our Charlottetown office at (902) 368-8919 or by email at sopei@sopei.com or check out our website at www.sopei.com.

> Stratford Scout Group



Our mission is to help develop well rounded

It starts with Scouts.

youth and better prepare them for success in the world. We do this by following the Scout Method which uses non-formal educational methods to engage youth in the process of their own development, giving them

COMMUNITY GROUPS

program activities, guidance, and tools to help them become self-reliant, confident, caring, responsible and committed to the world around them. For more information, please visit www.scouts.ca or contact Steve Ellis at peislander1@hotmail.com or 902-218-4885.

We are also in need of volunteers to help at our meetings. If you have a love of the outdoors and/or a love of working with youth we would love to have you! To register a Scout or to volunteer visit: www.myscouts.ca

> Seniors College of Prince Edward Island



Are you a senior aged 50 or older? Are you interested in meeting new people and learning new things in a fun, safe space? Then Seniors College of Prince Edward Island is what you are looking for.

For the annual fee of \$170 you can become a member and enjoy an unlimited array of live and online courses. You can join anytime, and your membership is valid for three semesters. It's easy to join. Just go to our website at: www.seniorscollege. ca to set up your account, see current course offerings, and then to register for courses. Questions? Contact us at seniorscollege@upei.ca. We will be happy to get you started.

> Support Group

Pulmonary fibrosis has a support group for anyone dealing with this disease.

We meet on the second Sunday of each month at 1pm at Stratford Town Centre. Please feel free to call 902-626-7014 for more information.

> Mayflower Seniors Club

Many activities occur during the year in the Mayflower Room at the Robert Cotton Center. On Monday, there are crafts in the morning and lawn bowling in the afternoon. Tuesday is 45's in the afternoon. On Wednesday evening, the Lion's Club has cribbage. On Thursday, we have games at 1:30 p.m., and we offer a variety of board or card games. In the evening, Cliff Martin and a group have a guitar jam. Friday evening is crokinole and the Lions Club holds a ceilidh every second Sunday of the month. The Mavflower Seniors Club also holds a Christmas Lunch meeting in December. All seniors aged 55+ are welcome to join our club.

> Stratford Community Fridge

The Stratford Community Fridge is operated by Gifts from the Heart with current operating hours for donations and use from Monday to Friday, 9am to 5pm (subject to change). Please inquire about volunteering or other related questions to (902) 628-6871.



> Fire Department 50/50 Fundraising Draw



Fire departments across PEI have joined up for a weekly 50/50 fundraising draw.

Please support the Cross Roads Fire Department by selecting them from the dropdown menu when purchasing your weekly tickets at https://rafflebox.ca/raffle/peifirefighters



REMINDER TO RESIDENTS: WINTER UPKEEP OF PROPERTY

Residents are responsible for ensuring proper upkeep of their property when traveling for extended periods of time. In winter, you must ensure your driveway is kept cleared.

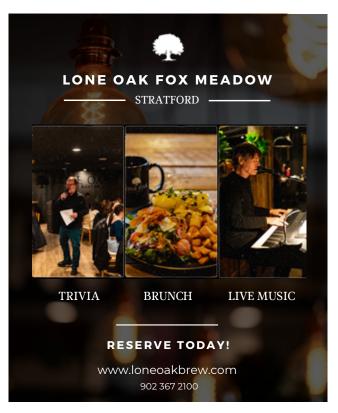


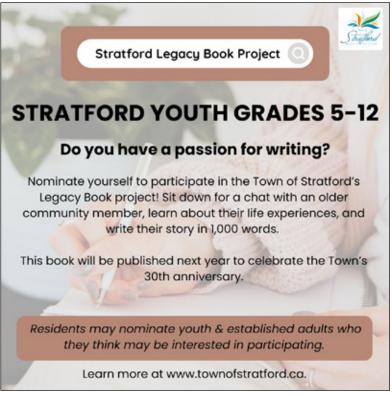
POTHOLES AND SNOW PLOW DAMAGE

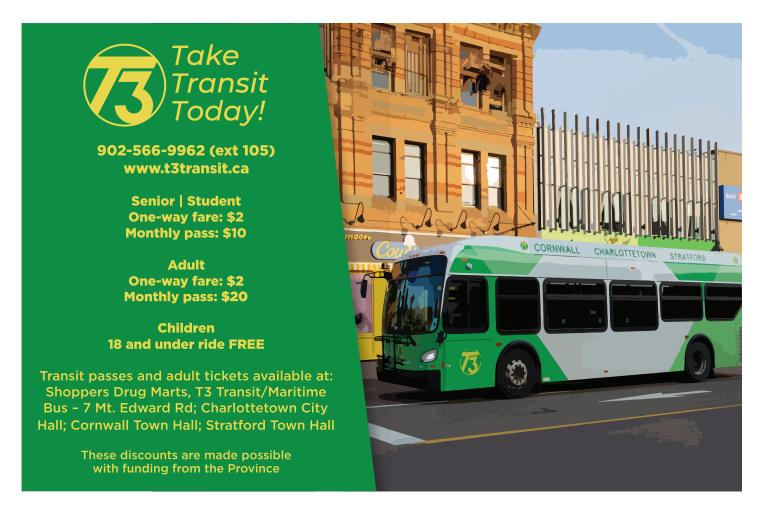
If you wish to report potholes and/or damage caused by snowplows, please reach out to the Department of Transportation at 902-368-4770.

YOUR TOWN OF STRATFORD QUICK REFERENCE GUIDE

INQUIRY	WHO SHOULD YOU CALL	CONTACT INFO	NOTES
Road Repairs & conditions, snowplow inquiries, report damage caused by a snowplow, culvert and ditch inquires	Provincial Government - Department of Transportation and Infrastructure	902-368-4770 or email roads@gov.pe.ca	Roads, ditches, and sides of roads are owned and operated by the province (D.O.T.) (excludes private roads)
Wildlife Related Inquires	Provincial Government - Department of Environment, Energy and Climate Action, Forests, Fish and Wildlife Division	902-368-5000 and select option 3	The Town of Stratford staff is not trained in wildlife removal
Public Transit Services and Schedules	T3 Transit	902-566-9962	Passes can be purchased in Stratford at: Murphy's Pharmacy, Shoppers Drug Mart, and the Town of Stratford main office
Garbage Collection inquiries and to request garbage bins	Island Waste Management (IWMC)	1-888-280-8111	
Animal Control	PEI Humane Society	902-892-1190	
Safety concerns, speeding, noise issues, open burning, and trespassing	RCMP	902-367-9300	Please call the RCMP when the situation is happening. Provide helpful information such as; License plate numbers, vehicle descriptions, name of company on a vehicle, house numbers, specific times and locations.
Program Registration, Facility Bookings and gym inquiries	Town of Stratford - Recreation Department	902-569-6250	
Stratford's Public Library	Provincial Government - Stratford Public Library	902-569-7441	
Utility Bill Inquires and Payments	Town of Stratford - Finance Department	902-367-3228 or 902-569-6258	
Building Permits and Inquiries	Town of Stratford - Planning Department	902-569-6255	
Maintenance inquires related to: Parks, Trails and Outdoor Rinks	Town of Stratford - Recreation Department	902-626-6834	
Property Tax Inquiries	The Provincial Government - Property and Land Taxes Office	902-368-4070	
Streetlight not Working	Maritime Electric	1-800-670-1012 and select option 5	All streetlight poles are numbered. This number is required when reporting an issue
Requests for additional streetlights	Town of Stratford - Public Works Department		To request additional street lighting, you are required to submit a Request for Decision Form, located on the Town's website.
School Related Inquiries	Public School Branch, PEI	902-368-6990	Although the Town and the Public Schools Branch are in the same building, they are separate offices
Pesticide Spraying Inquires	Provincial Government - Department of Environment, Energy and Climate Action		
Temporary Speed Hump Requests	Town of Stratford - Public Works Department		Residents are required to submit these requests in writing. Please provide reason for the request, name, address and phone number
Permanent Speed Hump Requests	Town of Stratford - Public Works Department		
Manhole - Grated Covers	Provincial Government - D.O.T.	902-368-4770	Managed by Provincial Government - D.O.T.
Manhole - Solid Covers	Town of Stratford Water and Sewer Utility	902-940-2189	Managed by Town of Stratford Water and Sewer Utility
Crosswalks lights and traffic lights	Provincial Government - D.O.T.	902-368-4770	Please contact department directly to report issues.







2025 TOWN OF STRATFORD Senior, Adult & Youth Volunteer of the Year Award

AWARD OBJECTIVES:

Volunteers are - and always will be - an essential part of our community. These annual awards acknowledge and recognize a volunteer citizen who has made an outstanding contribution to his or her community.

The recipient will receive prizes (determined by Town Council), and have his or her picture displayed at Stratford Town Center, 234 Shakespeare Drive. Also, the winner's name will be engraved on a special trophy to honor each year's Volunteer of the Year. ALL NOMINEES will be recognized for their volunteer efforts and will receive an official acknowledgement on behalf of the Town of Stratford.

ELIGIBILITY:

Volunteering is the act of people being involved in the improvement of their surroundings. Volunteer acts can occur within a structured organization (e.g. volunteering at your library) or in an informal setting (e.g. raking leaves for your elderly neighbor).

Those eligible to receive this award include any individual who performs volunteer act/acts (as defined above) within the Town of Stratford community. The purpose of this award is to focus on recognizing individual citizens, however the judging committee will also accept a submission that nominates two or more people together.

SELECTION PROCESS:

The Town of Stratford will oversee the award with a committee under the direction of the Town's Recreation Committee, selecting the winner in each category.

How to send in a submission:

Nomination Forms can be found at www. townofstratford.ca or picked up at Stratford Town Center, 234 Shakespeare Drive. Completed nomination forms may be forwarded to the Town of Stratford's Recreation, Culture & Events Department at the address below.

All submissions must be signed. The annual deadline for submissions is June 2. The award will be presented annually at Town of Stratford's Canada Day celebrations.

PLEASE NOTE: Award decisions will be selected based solely on the information provided, so it is important that all relevant information accompanies the nomination for the judging committee to make the best possible decision.

Submit to: Volunteer Award Selection Committee Town of Stratford Recreation, Culture & Events Department.

Email: jpierce@townofstratford.ca or drop off at Stratford Town Centre 234 Shakespeare Drive Stratford, PEI C1B 2V8